



Lesson 30



Better	Contrition	God	Heart
Imperfect	Perfect	Punishment	Purpose

- _____ is sorrow for having offended God.
- Our sorrow is interior when it comes from our _____.
- _____ contrition is sorrow for our sins because they offend _____, whom we love.
- _____ contrition is sorrow for our sins because we fear _____.
- Imperfect contrition is sufficient to receive the sacrament of Penance, but perfect contrition is _____.
- We must have a firm _____ of avoiding sin in the future.



Key

- Contrition
- Heart
- Perfect, God
- Imperfect, Punishment
- Better
- Purpose