

Lesson 21 Quiz:

- 1) Days, in addition to Sundays, on which we must attend Mass are called holy days of _____.
 - A. Prayer
 - B. Worship
 - C. Incarnation
 - D. Obligation

- 2) Which is not a holy day of obligation?
 - A. All Souls Day
 - B. The Assumption
 - C. The Immaculate Conception
 - D. Christmas

- 3) On what day is Mary, Mother of God?
 - A. Thursday after Easter
 - B. August 15
 - C. December 8
 - D. January 1

- 4) When is All Saints Day?
 - A. December 8
 - B. November 1
 - C. November 2
 - D. August 15

- 5) Which holy day commemorates the birth of Jesus?
 - A. Immaculate Conception
 - B. All Saints' Day
 - C. Ascension Thursday
 - D. Christmas

- 6) On which day of the week is the Ascension? (Note: some dioceses celebrate it on the nearest Sunday.)
- A. Monday
 - B. Wednesday
 - C. Thursday
 - D. Saturday
- 7) Which practice means limiting our food intake?
- A. Fasting
 - B. Abstinence
 - C. Adoration
 - D. Obligation
- 8) Which practice means not eating meat?
- A. Fasting
 - B. Abstinence
 - C. Obligation
 - D. Novena
- 9) True/False – We are only allowed to fast on the appointed days.
- A. True
 - B. False
- 10) True/False – People should consider their health needs when deciding how often to fast.
- A. True
 - B. False

Lesson 21 Quiz Key

- 1) D – Obligation
- 2) A – All Souls Day
- 3) D – January 1
- 4) B – November 1
- 5) D – Christmas
- 6) C – Thursday
- 7) A – Fasting
- 8) B – Abstinence
- 9) B – False
- 10) A – True