

Lesson 23 Activity

Sacramental Grace

Sacraments are outward signs, instituted by Christ, that give us grace. Using the attached sheet, match each sacrament to a particular sacramental grace it imparts.

- A. Baptism B. Confirmation C. Eucharist D. Confession
E. Matrimony F. Holy Orders G. Anointing of the Sick

- 1) _____ Gives us strength to profess our faith and set good example, even under difficulty and persecution

- 2) _____ Helps cure inclinations to evil developed through actual sin, makes it easier to avoid sin in the future

- 3) _____ Helps a priest fulfill his sacred duties as a good priest

- 4) _____ Strengthens us to accept suffering, and even death, as a purifying cross

- 5) _____ Nourishes our love of God and helps overcome disordered self-love

- 6) _____ Makes us and helps us live as children of God, to have faith in Him, and lessens our inclinations to evil

- 7) _____ Helps married people fulfill the duties of their state of life

Key

- 1) B
- 2) D
- 3) F
- 4) G
- 5) C
- 6) A
- 7) E