

## Lesson 28 Quiz:

- 1) Holy Communion is the reception of which sacrament?
  - A. Confirmation
  - B. Eucharist
  - C. Penance
  - D. Baptism
  
- 2) How long do we fast before receiving Holy Communion?
  - A. 24 hours
  - B. 3 hours
  - C. 1 hour
  - D. 30 minutes
  
- 3) True/False – Water and medicine do not break the Eucharistic fast.
  - A. True
  - B. False
  
- 4) True/False – Receiving Holy Communion in a state of mortal sin is the sin of sacrilege.
  - A. True
  - B. False
  
- 5) When are we obliged to receive Holy Communion?
  - A. During Advent
  - B. During Lent
  - C. On our birthday
  - D. During Easter

- 6) True/False – It is ideal to receive Holy Communion only once a year.
- A. True
  - B. False
- 7) True/False – The Church recommends frequent, even daily, reception of Holy Communion.
- A. True
  - B. False
- 8) Which is an effect of worthy Holy Communion?
- A. Increase in sanctifying grace
  - B. Closer union with our Lord
  - C. Remission of venial sin
  - D. All of the above
- 9) What is the best way to spend the time after reception of Holy Communion?
- A. Relaxation
  - B. Prayer
  - C. Studying
  - D. None of the above
- 10) If we can not receive Holy Communion on a weekday, we can still make a \_\_\_\_\_ communion?
- A. Imaginary
  - B. Virtual
  - C. Spiritual
  - D. Secret

## Lesson 28 Quiz Key

- 1) B – Eucharist
- 2) C – 1 hour
- 3) A – True
- 4) A – True
- 5) D – During Easter
- 6) B – False
- 7) A – True
- 8) D – All of the above
- 9) B – Prayer
- 10) C – Spiritual