

Lesson 29 Activity:

Write a letter to someone who hasn't been to the sacrament of penance in a long time, maybe years. It doesn't have to be a real person, you can use your imagination. Either way, encourage the person in your letter to return to the sacrament. Explain the beauty and benefits of the sacrament and try to calm the fears he or she may be having about the sacrament after being away from it for so long.