

Lesson 30 Quiz:

- 1) What is contrition?
 - A. Sorrow for sin
 - B. Telling our sins to a priest
 - C. Giving something up for Lent
 - D. Near occasions of sin

- 2) What type of contrition is inspired by love of God?
 - A. Loving contrition
 - B. Extreme contrition
 - C. Imperfect contrition
 - D. Perfect contrition

- 3) What type of contrition is inspired by fear of hell?
 - A. Perfect contrition
 - B. Imperfect contrition
 - C. Extreme contrition
 - D. Afraid contrition

- 4) For which sins should we have contrition?
 - A. All our mortal sins
 - B. Only our venial sins
 - C. Only our embarrassing sins
 - D. All our sins

- 5) True/False – The sacrament of penance is invalid unless we have perfect contrition.
 - A. True
 - B. False

- 6) When should someone receive the sacrament of penance if he has committed a mortal sin?
- A. Within a week
 - B. Before Easter
 - C. As soon as possible (immediately)
 - D. Before he has committed three mortal sins
- 7) True/False – If someone has committed a mortal sin but has made an act of perfect contrition, he does not need to go to Confession.
- A. True
 - B. False
- 8) Someone who has committed a mortal sin must go to Confession before receiving _____.
- A. Holy Communion
 - B. Contrition
 - C. A Bible
 - D. Money
- 9) True/False – Meditating on the Passion of our Lord can help deepen our contrition.
- A. True
 - B. False
- 10) True/False – A firm purpose of sinning no more includes trying to avoid near occasions of sin.
- A. True
 - B. False

Lesson 30 Quiz Key

- 1) A – Sorrow for sin
- 2) D – Perfect contrition
- 3) B – Imperfect contrition
- 4) D – All our sins
- 5) B – False
- 6) C – As soon as possible (immediately)
- 7) B – False
- 8) A – Holy Communion
- 9) A – True
- 10) A – True